Our talented catering culinarians have taken advantage of winter FLAVOURS by creating delightfully new dishes featuring the best of the season. These delicious dishes are available only for a limited time. Contact our catering department to schedule your next event with delicious food and impeccable service. To place an order or speak with the catering department please call at 202-865-0216 order on-line at flavours.catertrax.com





Á LA CARTE SELECTIONS & ADD ONS

MANDARIN ORANGE POMEGRANATE YOGURT BOWL 270 cal 💆

Greek yogurt topped with mandarin oranges, pomegranate seeds, banana cherry granola and fresh mint.

\$5.99 per guest

POMEGRANATE BERRY FRENCH TOAST 180 cal V

French toast topped with pomegranate berry compote.

\$1.99 per guest



Winter Catering Specials and Prices are available through February 2017.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.







PREMIUM TAKEAWAYS **SANDWICHES**

ALBUQUERQUE CHICKEN BREAST SANDWICH 380 cal 💆

Cilantro grilled chicken breast on a multi-grain bun with salsa, olives, lettuce and tomato.

\$16.99 per guest

SHRIMP SALAD SANDWICH ON PITA 270 cal 💆

Shrimp and cage-free egg salad with celery on pita bread with lettuce and tomato.

\$16.99 per guest

SUN-DRIED TOMATO BASIL FOCACCIA 360 cal V

Focaccia bread topped with sun-dried tomato pesto, fresh mozzarella, Arugula, basil and drizzled with balsamic reduction.

\$16.99 per guest



Consult with our catering team on adding a soup du jour to your package for an additional \$4.95 per guest.

SERVED LUNCHEONS & DINNERS

ESPRESSO RUBBED TENDERLOIN OF BEEF 320 cal

Juicy beef tenderloin rubbed in espresso beans and roasted till tender, served with a sweet mango cream sauce.

\$29.99 per guest

NORI-CRUSTED SALMON 210 cal

Fresh fillet of salmon glazed with a sesame soy glaze, wrapped with nori and broiled to perfection.

\$27.99 per guest

PARMESAN ROASTED **CHICKEN BREAST** 110 cal 💆

Roasted parmesan, black pepper and rosemary marinated chicken breast.

\$24.99 per guest

EGGPLANT TAMPICO 540 cal V

Sautéed eggplant slices in a spicy sauce, topped with Jack cheese, tomato and jalapeño.

\$21.99 per guest







Flavours Catering by Sodexo 202-865-0217 flavours.catertrax.com

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RECEPTIONS

HOT & COLD HORS D'OEUVRES

Sold by per dozen. Minimum order 3 dozen per order.

LEMONY PEA MASH FRICO CUP 35 cal V

Lemony pea mash served in a grated parmesan cheese, lemon zest and basil cups. \$5.99 per dozen

CHICKEN & ANDOUILLE POP 80 cal

Grilled chicken tenderloin and Andouille sausage on a skewer brushed with butter.

\$19.99 per dozen



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RECEPTIONS **APPETIZER STATION**

\$21.99 per guest

Minimum group size 10, 15, 20, 25.

HOT - SELECT 2

Chicken Meatballs 140 cal Crispy Chicken Fingers 320 cal Assorted Petite Quiche 60 cal Bacon-Wrapped Scallops 30 cal Spanakopita 45 cal V

Banana Pot Stickers with Chocolate Sauce 180 cal

COLD - SELECT 2

Tomato Basil Bruschetta 50 cal Fruity Feta Bruschetta 100 cal Goat Cheese & Honey Phyllo Cups 100 cal Canapés Epicure 70 VI





BEVERAGES & DESSERTS

PINK GRAPEFRUIT **SPRITZER** 50 cal V

Fresh grapefruit juice with a splash of club soda.

\$2.99 per guest

LEMON **TEMPTATION** 510 cal **V**

Creamy lemon mousse topped with a sweet caramel topping, garnished with lemon and lime zest.

\$3.49 per guest

FRESH FRUIT TART 120 cal V

Fresh seasonal fruit in a tender, flaky tart. \$1.99 per guest









